

**Capital Gymnastics NTC Men's Team
2023-2024 Competitive Meet Schedule**

Level 3			
Date	Name	Location	Level
November 4, 2023	Capital Kick Off	Capital Kick Off	3
Dec 2-3, 2023	Dave Brown Invitational	Williamsburg, Va	3
Jan 20-21, 2024	Navy Gymnastics Challenge	USNA Annapolis, MD	3
Feb 2-4, 2024	Brian Babcock Invitational	Allentown, PA	3
March 8-10, 2024	Level 3 VA State Championships	Lynchburg, VA	3
Levels 4-6			
Date	Name	Location	Level
November 4, 2023	Capital Kick Off	Capital Kick Off	4 - 6
Dec 2-3, 2023	Dave Brown Invitational	Williamsburg, Va	4 - 6
Jan 5-7, 2024	Jerrell Steele Invitational	Doswell, VA	4 - 6
Jan 20-21, 2024	Navy Gymnastics Challenge	USNA Annapolis, MD	4 - 6
Feb 2-4, 2024	Brian Babcock Invitational	Allentown, PA	4 - 6
March 8-10, 2024	L4-L10 VA State Championship	Lynchburg, VA	4 - 6
April 4-7, 2024	Region 7 Championships	Landover, MD (Sportsplex)	4 - 6
Levels 8-10			
Date	Name	Location	Level
November 4, 2023	Capital Kick Off	Capital Kick Off	8 - 10
Dec 2-3, 2023	Dave Brown Invitational	Williamsburg, Va	8 - 10
Jan 5-7, 2024	Jerrell Steele Invitational	Doswell, VA	8 - 10
Jan 20-21, 2024	Navy Gymnastics Challenge	USNA Annapolis, MD	8 - 10
Feb 2-4, 2024	Brian Babcock Invitational	Allentown, PA	8 - 10
Feb 16-18, 2024	Horton Challenge	Fort Worth, TX	8 - 10
March 8-10, 2024	L4-L10 VA State Championships	Lynchburg, VA	8 - 10
April 4-7, 2024	Region 7 Championships	Landover, MD (Sportsplex)	8 - 10
April 26-28, 2024	Eastern Championships	Cleveland, OH	8 - 10
May 9-12, 2024	Developmental National Championships	Daytona Beach, FL	10 & 8/9 Elite Qualifiers
Elite Qualifiers - Level 10 Elite			
Date	Name	Location	Level
Jan 12-14, 2024	West Point Open	USMA, West Point, NY	Elite Qualifiers
February 2, 2024	Brian Babcock Invitational	Allentown, PA	Elite Qualifiers
Feb 24-25, 2024	Winter Cup/Elite Team Cup	Louisville, KY	Elite Qualifiers
May 30-June 7, 2024	US Championships	Fort Worth, TX	Elite Qualifiers